

Onondaga Cup Race

GIANT SLALOM SKI RACE

Labrador Mountain's Minipi Rapids – NASTAR - Trail

Sunday, February 21, 2010

Sign-up Time: 9 AM, Race Time: 12 NOON



WHO CAN RACE?

- Race is open to all racers 12 years of age or older. Put a team together or come as an individual and be assigned to a team at sign-up time. J1 & J2 racers welcome.

TEAM MAKE-UP & SCORING:

- Each Race Team will consist of 1 Female and 4 Male Racers as a minimum. Up to 4 women and 7 men may be on a given team.
- NASTAR team scoring will be used to establish total team points. Team points will be based on the highest female points combined with the four highest male points. The team with the highest number of points will be awarded 1st place.
- The fastest time of 2 runs will be counted for each racer.

AWARDS:

- Pizza/beer/soda party following the race in the 'Ole Bar in the Main Lodge.
- Trophies and medals will be awarded to the winning team members.
- Trophies will also be awarded for each age and gender group similar to Masters and NASTAR races.

REGISTRATION:

- **\$15 per person** for Labrador ski pass holders or Labrador Team NASTAR members.
- **\$30 per person** for J1 or J2 racers from other mountains (includes lift ticket)
- **\$30 per person** for College Students (includes lift ticket)
- **\$35 for all others** (includes lift ticket)
- 9 AM to 11 AM on race day in the 'Ole Bar in the Main Lodge at Labrador Mtn.
- For those planning to race, please inform Marvin Patnode of the Onondaga Ski Club Race Committee by February 20, 2010 in person, by phone @ 652-0430, or by e-mail at mpatnode@twcnny.rr.com, so that plans can be made for the correct number of racers and teams.

ONONDAGA CUP RACE

SUNDAY FEB 21, 2010 AT 12 NOON
AT LABRADOR MOUNTAIN

2010 ENTRY FORM

TEAM NAME: _____

CAPTAIN: _____ DAYTIME #: _____

ROSTER: PLEASE FILL IN THIS FORM FOR A TEAM OR AS AN INDIVIDUAL. If you know your NASTAR number, (if you have one), please include it on the form. *You may sign up individually and we will assign you to a team on race day.* Team members must be 12 or older. Each TEAM consists of a minimum of 1 woman with a minimum of 4 men.

MALE RACERS (Minimum of 4):

	NAME	CITY/STATE	DOB	NASTAR NO
1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____
4.	_____	_____	_____	_____
5.	_____	_____	_____	_____
6.	_____	_____	_____	_____
7.	_____	_____	_____	_____

FEMALE RACERS (Minimum of 1):

1.	_____
2.	_____
3.	_____
4.	_____

Please include a check for the appropriate amount payable to the Onondaga Ski Club.

Mail check and entry form to the attention of Marvin Patnode, 4175 Chariot Lane, Liverpool, NY 13090 Any questions - TEL: (315) 652-0430